



The Catholic Parish of Pittwater

Sacred Heart & Maria Regina. Neighbourhoods of Grace, entrusted to the care of the Salvatorians.

A warm welcome to all our parishioners and visitors who are celebrating the Eucharist with us at Pittwater Parish -
Sacred Heart Church and Maria Regina Church



Thoughts of Blessed Francis Jordan

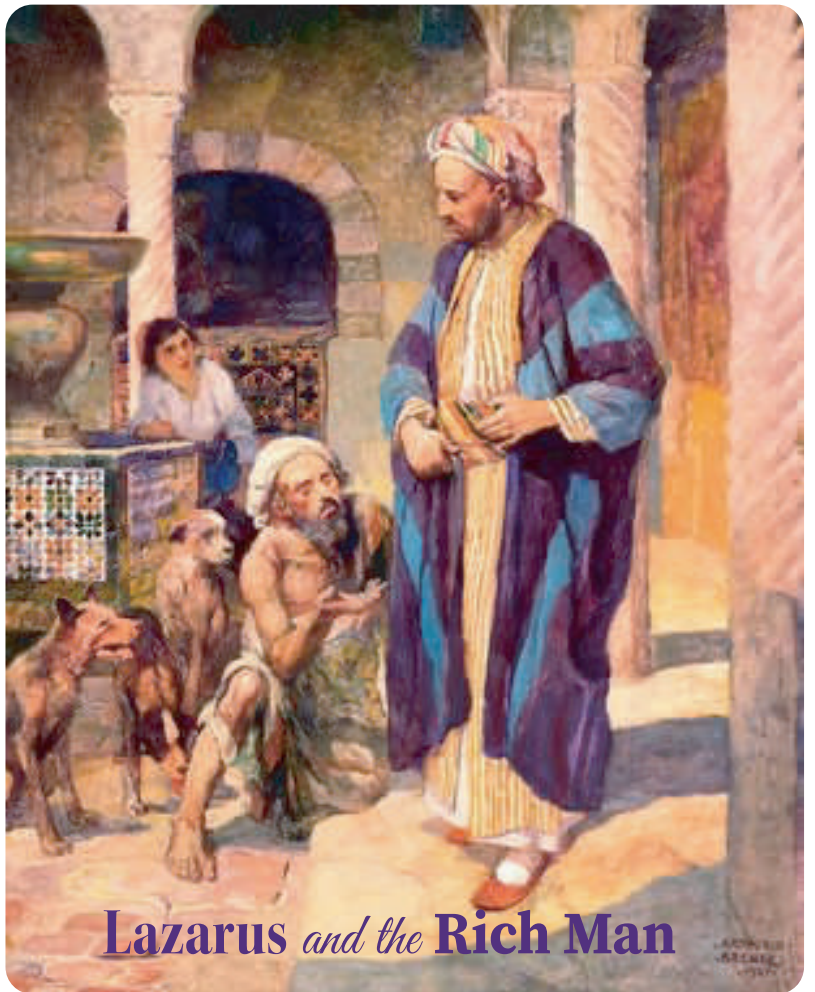
Whatever the hour, pour out prayer to the Lord.
Always be content with whatever God may dispose for you and in whatever manner He does it.

Prayer for Migrants and Refugees

O God, Father Almighty,
grant us the grace to work tirelessly
for justice, solidarity and peace,
so that all your children may enjoy
the freedom to choose whether
to migrate or to stay.

Grant us the courage to denounce
all the horrors of our world,
and to combat every injustice
that mars the beauty of your children
and the harmony of our common home.

Sustain us by the power of your Spirit,
so that we can reflect your tender love
to every migrant whom you
place in our path,
and to spread in hearts and
in every situation,
the culture of encounter and of care.
Amen.



Lazarus and the Rich Man

 Like us on
Facebook
Pittwater Catholic
Parish

 You can find us
on Instagram
(catholicparishpittwater)

SAFEGUARDING

We, the people of the Catholic Diocese of Broken Bay and the Catholic Parish of Pittwater are committed to fostering communities of safety and care for all people, especially for children and others in the community who are vulnerable. Our commitment is underscored by our faith in Jesus Christ.



POPE LEO'S PRAYER INTENTION for SEPTEMBER

*For Our Relationship with
all Creations*

Let us pray, inspired by Saint Francis,
we might experience our
interdependence with all creatures
who are loved by God and worthy
of love and respect.

MASS TIMES

Sacred Heart Church

1 Keenan Street, Mona Vale

WEEKDAY MASSES

Tuesday 9.30 am
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 8.30 am followed by Mass*

Wednesday 9.30 am

Thursday 7 pm
Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 7.30 pm to 9.00 pm*

Friday 9:30 am
First Friday of the month, Exposition of the Blessed Sacrament, Adoration, Reconciliation and Benediction *from 9:30 am, followed by Healing Mass/ Anointing of the Sick at 10.30 am*

WEEKEND MASSES
Saturday Vigil 5.00 pm
Sunday 8.00 am, 10.00 am & 6.00 pm (SOUL)

RECONCILIATION
Saturday Vigil
4.00 pm to 4.30 pm

BAPTISM
4th Sunday of the Month
11.30 am

Maria Regina Church

7 Central Road, Avalon

WEEKDAY MASSES

Monday 8.00 am

Wednesday 8.00 am

Thursday 10 am
9.00 am Exposition of the Blessed Sacrament, Adoration and Benediction at 9.45 am

Friday 8.00 am
First Friday of the month, *Healing Mass/ Anointing of the Sick at 8.00 am*

WEEKEND MASSES
Saturday Vigil 6.00 pm
Sunday 9.00 am

RECONCILIATION
Before Vigil Mass on **Saturday**

BAPTISM
3rd Sunday of the Month
11.00 am

WE PRAY for

Recently Deceased
Dennis McKeown
Carlo Cimino
Beverley Carmichael

Deceased Anniversary
Teresa Mulligan
John Nassif
Mare Reskov

Prayer for the Sick

Anna Śmigowska
Lily Janosik
Sue French
Maureen Larios
Elaine Boyes
Pauline Chipman
Ron Clarke
Barbara Clarke
Anna Katanec
Mother Pauline
Angela Miller
Philip Khalifeh
Joseph Khalifeh
Therese Keane
Bruce Farr
Heidi Taylor
James
Jacinta Purnell - Major
Garry Gleeson
Nenita Roque
Marie Celine Roque- Maca
Neda Crvelin
Jesse Cathersides
Noel Reilly
Mary Reilly

BOOK REVIEW

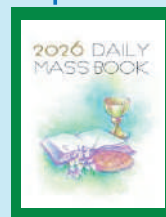
A Man for Others
by: Maximilian Kolbe
Saint of Auschwitz



This is a true account of the life of this Polish Franciscan priest who gave his life for another prisoner in Auschwitz. It is a riveting and easy read of his life journey - you won't want to put it down.

PLEASE ORDER NOW

\$33



If you would like to order the

2026 Daily Mass Book

please contact the
Parish Office on
9157 0999

Liturgy for the Week

29/09 Monday, Sts Michael, Gabriel and Raphael
Dan 7:9-10, 13-14; Jn 1:47-51

30/09 Tuesday, St Jerome
Zech 8:20-23; Lk 9:51-56

01/10 Wednesday, St Therese of the Child Jesus
Neh 2:1-8; Lk 9:57-62

02/10 Thursday, The Holy Guardian Angels
Ex 23:20-23; Mt 18:1-5, 10

03/10 Friday, Ordinary Time 26
Baruch 1:15-22; Lk 10:13-16

04/10 Saturday, St Francis of Assisi
Baruch 4:5-12, 27-29; Lk 10:17-24



THE CATHOLIC PARISH OF PITTSWATER giving

Our parish flourishes through the thoughtful care of resources and the generous commitment of our supporters. With gratitude, we thank all who help sustain our parish life, care for our Church and support the ministries that serve our community.

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Donations can be made weekly, fortnightly, monthly or one-off.



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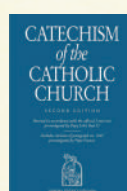
Second Collection
(Parish Giving)

Pastoral Works Broken Bay
All PWBB donations over \$2 are 100% tax deductible

Pastoral Works Broken Bay is the charitable outreach of our Catholic community, supporting the pastoral priorities of the Diocese. It plays a vital role in funding life changing ministries, strengthening families and nurturing parish communities across Broken Bay.

Has Your Credit Card Expired?
If you support the Parish through credit card giving, please let us know if your card details have changed or expired.

Direct Debit
You may also choose to support the Parish through direct debit. This can be set up easily and securely by contacting the Parish Office, who will arrange it for you.



We are pleased to offer copies of the Catechism of the Catholic Church

For those who would like to deepen their understanding of our faith.

Please **ORDER** your copy at the Parish Office for **\$20**
If you are interested in buying a copy, please stop by the office during regular hours or contact us on 9517 0999

May God bless you as you continue to grow in faith and knowledge.

WELCOME TO PITTWATER PARISH

John Tex McKittrick

**Edward Mark Kellman
Bengtson**

Kyson Tian

at

**SACRED HEART CHURCH,
MONA VALE ON
27th July 2025**

**Lottie Sloane
Cappello**

**Jagger James
England**

at

**MARIA REGINA CHURCH,
AVALON ON
17th August 2025**

Lottie Hunter Daly

Sunny Mark Channon

Billy Bruce Channon

at

**SACRED HEART CHURCH,
MONA VALE ON
24th August 2025**

**for the
SACRAMENT OF BAPTISM**



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(RITE OF CHRISTIAN INITIATION FOR TEENAGERS)

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friendship and discovery.**

**Spread across 10 engaging sessions
designed to help you grow and learn
about Catholicism.**

STARTING WEDNESDAY, 15 OCTOBER

4:00 PM – 5:00 PM

SACRED HEART PARISH CENTRE

ALL ARE WELCOME!

**FOR MORE INFORMATION,
PLEASE CONTACT THE PARISH OFFICE AT 9157 0999**

Parish Directory

Pittwater Parish

**1 Keenan Street,
Mona Vale
NSW 2103
Tel 9157 0999**

Parish Priest

Fr Richard Sadowski SDS

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pp@pittwaterparish.org

Assistant Priest

Fr Zygmunt Smigowski SDS

Tel 9157 0999 ext 12

ap@pittwaterparish.org

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Coordinator**

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sacraments@pittwaterparish.org

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Coordinators**

Maureen Wooldridge

Mobile 0421 907 469

Veronica Thomas

Mobile 0417 061 534

Sacred Heart Church

1 Keenan Street, Mona Vale

Maria Regina Church

7 Central Road, Avalon

SCHOOLS

**Sacred Heart School
Mona Vale**

Tel 8197 6900

Principal: Ms Louise O'Brien

**Maria Regina School
Avalon**

Tel 7256 2138

Principal: Ms Kirsty Thorpe

**Mater Maria Catholic College
Warriewood**

Tel 7256 2100

Principal: Mr Anthony Mahoney

OCTOBER Month of the *Rosary*



“Pray the Rosary everyday to obtain peace in the world.”



Parish Bulletin - Term 3, Week 10

It's been a joyful and busy final week of Term 3 at Mater Maria Catholic College.

We celebrated the graduation of our Year 12 students, the Class of 2025, with a beautiful Mass at the College, followed by morning tea with their families. The Presentation of Awards Ceremony recognised students for their achievements across academics, co-curricular activities, sport and service. Our Student Representative Council shared heartfelt farewells, and the audience was treated to moving musical performances by our talented Year 12 students. Our Year 12 students also marked the end of their school years with the Year 12 Formal, a night filled with joy, laughter and elegance, as students marked the end of their school journey in style.

We ask our parish community to keep our Year 11 students in your prayers as they complete their Preliminary Examinations and prepare to begin their HSC studies next term. Please also continue to pray for our Year 12s as they enjoy their final days at school and prepare for their HSC exams.

This week, we also honoured the life of Sister Therese Marie Fleming, who served as Principal of Mater Maria from 1978 to 1984. Sister Therese Marie was a visionary leader who championed inclusive education, welcomed the first boys to the College, and oversaw the construction of key buildings and our Bush Chapel. Two Year 10 students, Sophie and Oscar, joined our Principal at her funeral Mass to represent the College. Her legacy continues to inspire us, and we give thanks for her life of service and faith.

Faith Fridays remain a special part of our week, offering students a quiet space for reflection and connection through youth group gatherings in the Chapel.

In sport, students wrapped up Term 3 with a range of competitions, including MWBA Basketball, Peninsula Cup Soccer and Rugby, along with the Broken Bay Rugby 7s.

Finally, a reminder that applications are now open for Year 7 in 2028 and 2029. Waitlists are currently in place for Year 7, 2026 and 2027. Applications for Year 7, 2028 will close at the end of Term 1, 2026. For more details, visit matermaria.nsw.edu.au/enrolments.

Congratulations Year 12 Graduates!

We are incredibly proud of all the Year 12 students who have officially graduated last week. Your hard work, dedication and perseverance have brought all of you to this exciting milestone.

A special mention to the students of **MATER MARIA CATHOLIC COLLEGE**—your achievements are a testament to your commitment and spirit.

Congratulations on this remarkable accomplishment!

May God's wisdom, guidance and presence as they transition to new life phases, asking for courage, confidence and discernment in their future paths, often invoking the Holy Spirit through Christ and acknowledging God's unchanging love and care. Amen.

Well done, Class 2025!

Day of Reflection in the Divine Will with Fr Eugene Szondi

9:30 AM Mass, Rosary

10:30 - 11:00 AM Morning tea

11:00 - 12:30 PM Talk and Q&A

12:30-1:30 PM Lunch

1:30 - 2:00 Prayer and Divine Mercy Chaplet/Reconciliation

2:00 - 2:40 PM How to put the Divine Will into practice

2:40 PM Afternoon tea

End of Retreat



**Monday 29th
September 2025**



9am to 3 pm

*Sacred Heart Church,
1 Keenan Street,
Mona Vale
NSW 2103*



Feast Day of SAINTS

**MICHAEL, GABRIEL
& RAPHAEL**

Glorious Archangels

Michael, Gabriel and Raphael,
we entrust ourselves to your
angelic mediation.

Protect us from the
evil one, deliver to us God's
holy Word and heal our sins.
Amen.

Public Rosary



As October quickly approaches, we warmly invite everyone to join us in praying the Public Rosary. Let us come together in faith and unity during this special month dedicated to our Lady.

The **NATIONWIDE ROSARY CHAIN** on
SATURDAY, 11TH OF OCTOBER

9:30 am Mass followed by the
ROSARY PRAYER at 10 am,
SACRED HEART CHURCH, MONA VALE

*"Love the Madonna and pray the
Rosary. For her Rosary is the
weapon against the evils of
the world today.*

*All graces given by God pass
through the Blessed Mother."*
St Padre Pio

*Let's pray through the intercession
of Our Lady of Fatima.*

THE FIRST SATURDAY DEVOTION TO THE IMMACULATE HEART OF THE BLESSED VIRGIN MARY



ROSARY @ 9:00 am (Optional)
MASS @ 9:30 am

**After Mass there will be Adoration & meditation on the
Luminous Mysteries followed by
Benediction of the Blessed Sacrament**

* Priest is available for Reconciliation before Mass

Fulfilling the Sunday Obligation

We want to take a moment to gently remind everyone of something at the heart of our faith:
our Sunday Mass obligation. As Catholics,
we're called to gather each Sunday to worship God,
receive the Eucharist, and be part of our parish community.
This isn't just a tradition, it's a central part of living our faith.
This is a strong message, but it comes from the Church's
love for us and desire that we stay connected to Christ.
Mass isn't just an obligation — it's a gift. It's where we
receive Jesus in the Eucharist, are strengthened
by His Word, and find encouragement
and peace in community.

Let's keep putting God first in our week, and in our hearts.

Catechism of the Catholic Church, Sunday Obligation, 2180 and 2181

**BUT SEEK FIRST HIS
KINGDOM
AND HIS
Righteousness**

Matthew 66:33

BLESSING OF THE ANIMALS



SATURDAY, 4TH OCTOBER
at the Sacred Heart Church Courtyard
AT 4 PM

Bring your pets to be blessed as we welcome
the Feast Day of St Francis of Assisi,
Patron Saints of Animals.

*"Blessed are you, Lord God, maker of all living creatures.
You called forth fish in the sea, birds in the air and
animals on the land. - St Francis of Assisi*

The *Living* Word

Entrance Antiphon

Daniel 3:31,29,30,43,42

All that you have done to us, O Lord, you have done with true judgement, for we have sinned against you and not obeyed your commandments. But give glory to your name and deal with us according to the bounty of your mercy.

First Reading

Amos 6:1. 4-7

A reading from the prophet Amos

You who give yourself to licentiousness and revelry will be exiled.

The almighty Lord says this:

Woe to those ensconced so snugly in Zion and to those who feel so safe on the mountain of Samaria. Lying on ivory beds and sprawling on their divans, they dine on lambs from the flock, and stall-fattened veal; they bawl to the sound of the harp, they invent new instruments of music like David, they drink wine by the bowlful, and use the finest oil for anointing themselves, but about the ruin of Joseph they do not care at all. That is why they will be the first to be exiled; the sprawlers' revelry is over.

The word of the Lord

Responsorial Psalm Ps 145:6-10. R. v.2 (R.) Praise the Lord, my soul!

It is the Lord who keeps faith for ever, who is just to those who are oppressed. It is he who gives bread to the hungry, the Lord, who sets prisoners free. (R.)

It is the Lord who gives sight to the blind, who raises up those who are bowed down. It is the Lord who loves the just, the Lord, who protects the stranger. (R.)

He upholds the widow and orphan but thwarts the path of the wicked. The Lord will reign for ever, Zion's God, from age to age. (R.)

Second Reading

1 Timothy 6:11-16

A reading from the first letter of St Paul to Timothy

Obey the commandments until the coming of the Lord.

As a man dedicated to God, you must aim to be saintly and religious, filled with faith and love, patient and gentle. Fight the good fight of the faith and win for yourself the eternal life to which you were called when you made your profession and spoke up for the truth in front of many witnesses. Now, before God the source of all life and before Jesus Christ, who spoke up as a witness for the truth in front of Pontius Pilate, I put to you the duty of doing all that you have been told, with no faults or failures, until the Appearing of our Lord Jesus Christ, who at the due time will be revealed by God, the blessed and only Ruler of all, the King of kings and the

Lord of lords, who alone is immortal, whose home is in inaccessible light, whom no man has seen and no man is able to see: to him be honour and everlasting power. Amen.

The word of the Lord.

Gospel Acclamation 2 Corinthians 8:9

Alleluia, alleluia!

Jesus Christ was rich but he became poor, to make you rich out of his poverty. Alleluia!

Gospel

Luke 16:19-31

A reading from the holy Gospel according to Luke

During your life good things came your way just as bad things came the way of Lazarus. Now he is being comforted while you are in agony.

Jesus said to the Pharisees: 'There was a rich man who used to dress in purple and fine linen and feast magnificently every day. And at his gate there lay a poor man called Lazarus, covered with sores, who longed to fill himself with the scraps that fell from the rich man's table. Dogs even came and licked his sores. Now the poor man died and was carried away by angels to the bosom of Abraham. The rich man also died and was buried. 'In his torment in Hades he looked up and saw Abraham a long way off with Lazarus in his bosom. So he cried out, "Father Abraham, pity me and send Lazarus to dip the tip of his finger in water and cool my tongue, for I am in agony in these flames." "My son," Abraham replied "remember that during your life good things came your way, just as bad things came the way of Lazarus. Now he is being comforted here while you are in agony. But that is not all: between us and you a great gulf has been fixed, to stop anyone, if he wanted to, crossing from our side to yours, and to stop any crossing from your side to ours."

'The rich man replied, "Father, I beg you then to send Lazarus to my father's house, since I have five brothers, to give them warning, so that they do not come to this place of torment too." "They have Moses and the prophets," said Abraham "let them listen to them." "Ah no, father Abraham," said the rich man "but if someone comes to them from the dead, they will repent." Then Abraham said to him, "If they will not listen either to Moses or to the prophets, they will not be convinced even if someone should rise from the dead."

The word of the Lord.

Communion Antiphon Psalm 118:49-50

Remember your word to your servant, O Lord, by which you have given me hope. This is my comfort when I am brought low.

REFLECTION

by Dianne Bergant

Both the reading from the prophet Amos and the gospel narrative pointedly condemn the lifestyles of the rich. It is not wealth itself, but the complacency and the disregard for others that it too frequently generates, that is denounced. Biblical covenant is a communal concept. It emerges from a society that insists on mutual responsibility. Today's readings invite us to consider the covenant bond we have with others. How do we measure up?

The fundamental image of God reveals mercy and compassion. However, we cannot disregard the fact of judgment. Amos pronounces a woe against his own people; Abraham declares that there is an unbridgeable chasm between the saved and the condemned. Paul speaks here of the appearance of the Lord Jesus Christ who will bring judgment when he comes. Judgment will be determined not primarily in terms of our obedience to law, but in view of our fidelity to covenant commitment.

Righteousness is a covenant term. It is a quality of God that is shared with us by means of our covenant bond. Paul admonishes Timothy, and us, to pursue this righteousness, along with devotion, faith, love, patience and gentleness. Some of these virtues focus on our relationship with God, but most of them are directed toward our relationship with others. Those who are less fortunate are our sisters and brothers. If we take lightly our covenant obligations and allow them to languish at our gates, we will have only ourselves to blame when we find ourselves facing the harsh judgment of God.

© Dianne Bergant CSA

PARISH MORNING TEA GATHERING

Everyone is welcome to join.

Every month after the 8 am Mass
on the 1st Sunday and
after the 10 am Mass on
the 3rd Sunday at
**SACRED HEART CHURCH,
MONA VALE**

2nd and 4th Sundays after the
9 am Mass at the front of
**MARIA REGINA CHURCH,
AVALON**



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A National Catholic Ministry for Men, founded out of a response to a great need in the hearts & lives of men & great need in the life of the Catholic Church.

ALL MEN WELCOME

We Meet
First & Third Tuesday of every Month
At 7pm
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We will also be beginning a series on
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For any questions contact
Joe Cilia - 0418 863 814

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